



HOUSTON IYENGAR YOGA S • T • U • D • I • O

SPRING STREET STUDIOS | 1824 Spring Street #207 | Houston, TX 77007 | www.houstoniyengaryogastudio.com

FREE INTRODUCTORY CLASSES

will be held in our studio the week of April 17–22, 2024

PLEASE ARRIVE 15 MINUTES EARLY

Wednesday, April 17	11am–12:30pm	Level I	Constance
Wednesday, April 17	6–7:30pm	Level I	Constance
Saturday, April 20	10:30am–noon	Level I	Jimena
Monday, April 22	11am–12:30pm	50+	Constance

Please come 15 minutes early.

The front doors automatically lock at 6pm.

To register, email Constance: constancebraden@mac.com

Register for as many classes as you like.