



HOUSTON IYENGAR  
**YOGA**  
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SPRING STREET STUDIOS | 1824 Spring Street #207 | Houston, TX 77007 | [www.houstoniyengaryogastudio.com](http://www.houstoniyengaryogastudio.com) | 713.527.9100

## FREE INTRODUCTORY CLASSES

will be held in our studio the week of Jan. 8–12, 2022

**PLEASE ARRIVE 15 MINUTES EARLY**

<b>Saturday, January 8</b>	<b>10:30am–noon</b>	<b>Level I</b>	<b>Jimena</b>
<b>Monday, January 10</b>	<b>11am–12:30pm</b>	<b>50+</b>	<b>Constance</b>
<b>Wednesday, Jan. 12</b>	<b>11am–12:30pm</b>	<b>Level I</b>	<b>Constance</b>
<b>Wednesday, Jan. 12</b>	<b>6–7:30pm</b>	<b>Level I</b>	<b>Constance</b>

**Please come 15 minutes early.**

**The front doors automatically lock at 6pm.**

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**To register, call the studio at 713.527.9100.**  
**Register for as many classes as you like.**